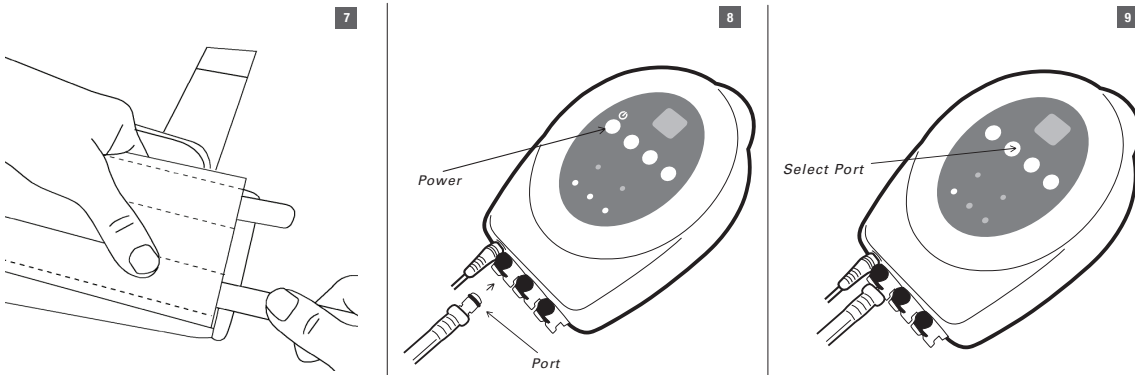
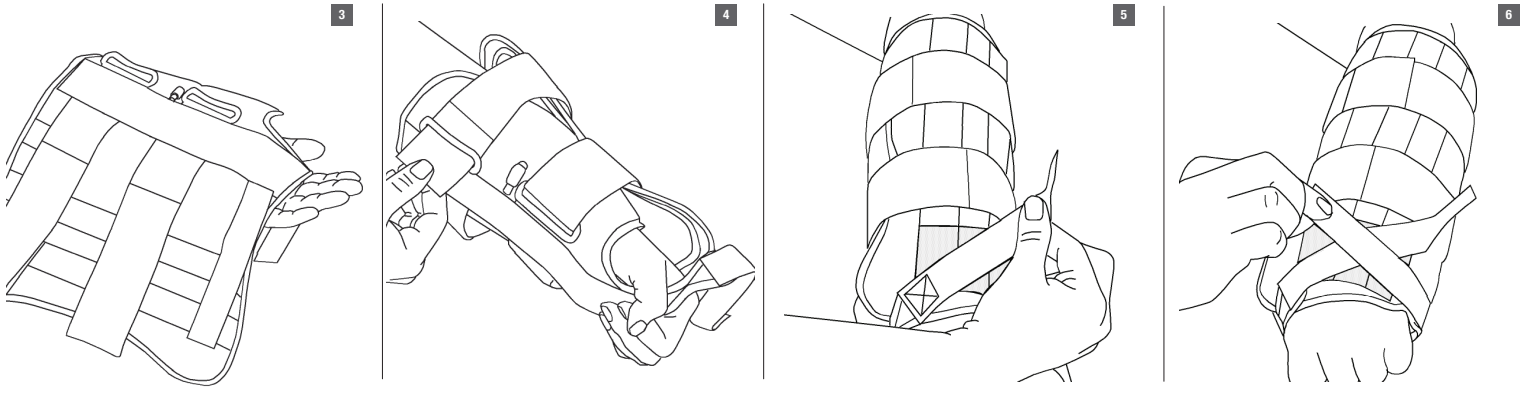




PowerPlay™ Cold & Compression Wrist Wrap INSTRUCTIONS FOR USE

PRODUCT #: **PPWR-68**

1. Remove optional gel pack and place in freezer for a minimum of 1 hour.
NOTE: Each time the gel wrap thaws, refreeze for 1 hour. Do not heat the gel pack.
2. Remove gel from freezer and re-attach gel pack on the inside of the wrap. Make sure to keep a protective thin cloth barrier between the skin and the gel pack.
3. With the gel bladder affixed to the wrap, place on the underside of the arm with the palm stay centered.
4. Slide hook and loop straps through buckles and attach securely.
5. Bring the thumb straps between the thumb and index finger. Attach the loop strap on the top of the hand.
6. For universal sizing, the narrow loop strap on the outside of the hand may be pulled tighter for a more secure fit.
7. The two stays on the top of the arm may be moved to accommodate a larger or smaller arm.
8. Connect the hose to a port on the PowerPlay unit. Press the Power button to turn on the unit.
9. Press the Pressure Set button associated with that port until the desired pressure (50 mmHg, 55 mmHg, 60 mmHg, 65 mmHg, 70mmHg) appears on the display.
NOTE: Pressure cannot be altered during an inflation cycle.



For questions about this product, call **855-PWR-PLAY** (855-797-7529)

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