



PowerPlay® Cold & Compression 360° Knee Wrap INSTRUCTIONS FOR USE

PRODUCT #: **PPKN-360**

1. Remove optional gel pack and place in freezer for a minimum of 1 hour.

NOTE: Each time the gel wrap thaws, refreeze for 1 hour.

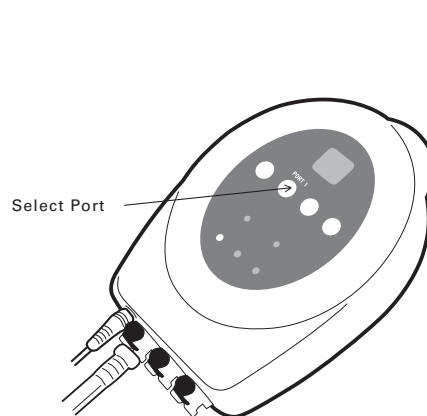
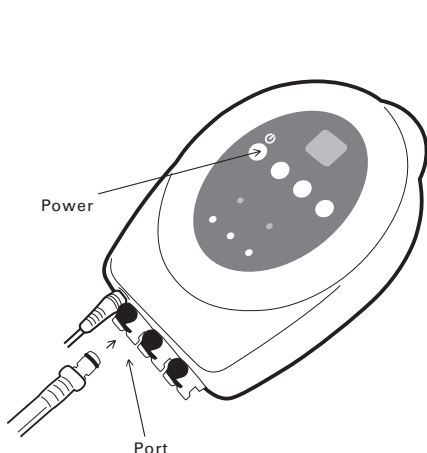
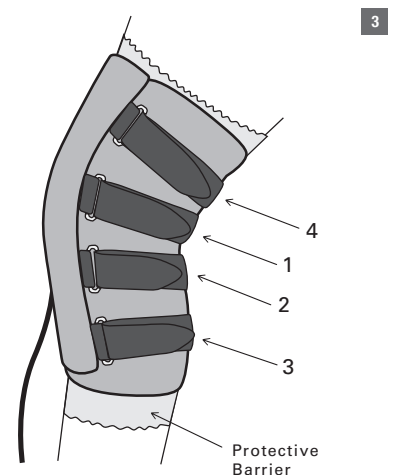
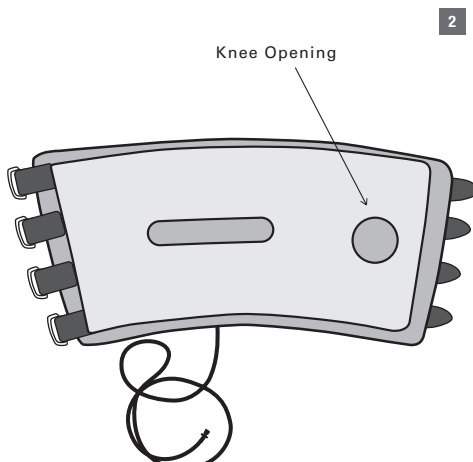
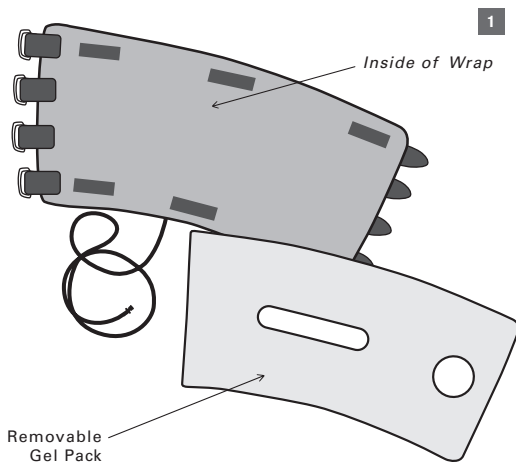
2. Place a protective barrier between the gel pack and the skin. A cloth sleeve is included in your package. Any thin cloth barrier will be effective. Remove gel from freezer, attach the gel wrap to the inside of the brace.

3. Place the brace around the knee, aligning the round opening of the gel pack with the knee cap as shown in figure 2. Loop the straps through the buckles and pull back to tighten and secure onto Velcro straps in the order indicated in figure 3. Fit should be moderately snug.

Note: Do not over-tighten the straps, as it can reduce the effectiveness of the compression therapy.

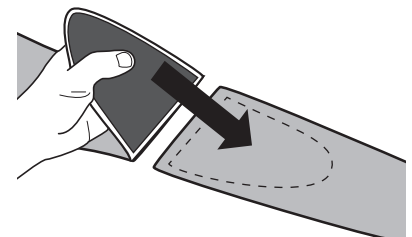
4. Connect the hose to a port on the PowerPlay pump. Press the Power button to turn on the unit.
5. Press the Set Pressure button associated with that port until the desired pressure appears on the display.

NOTE: Pressure cannot be altered during an inflation cycle. The pump will automatically shut off after 20 minutes to prevent joint's over-exposure to cold. To reactivate pump, press and hold the power button until the lights on the unit are illuminated.



EXTENSION STRAPS

If needed, strap length can be lengthened by attaching the extension strap. Attach the loop Velcro end of the extension strap onto the hook Velcro of the wrap strap. Repeat for all four straps, then fit as instructed in step 3.



For questions about this product, call **855-PWR-PLAY** (855-797-7529)

WWW.POWERPLAY.US

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