



# PowerPlay® Cold & Compression Knee Wrap INSTRUCTIONS FOR USE

PRODUCT #: **PPKN-58**

1. Remove optional gel pack and place in freezer for a minimum of 1 hour.

*NOTE: Each time the gel wrap thaws, refreeze for 1 hour.*

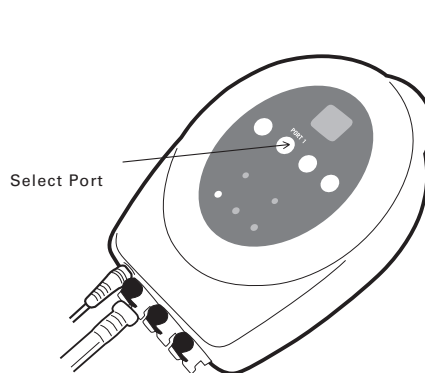
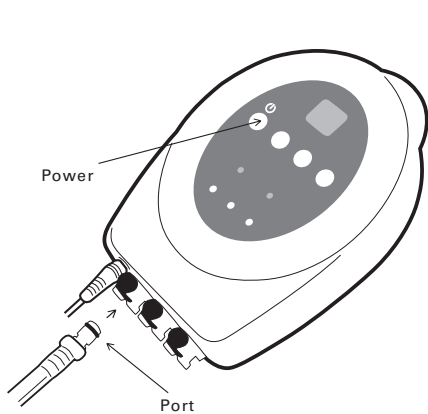
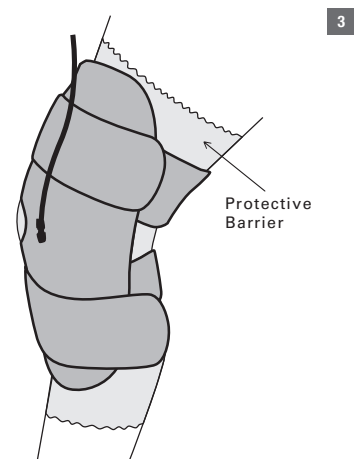
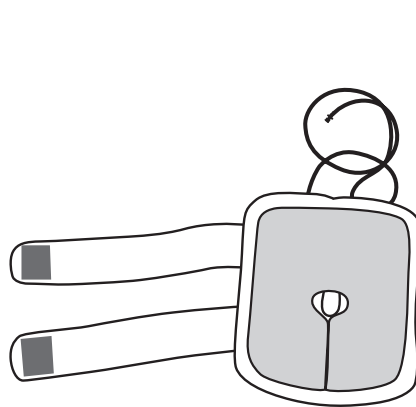
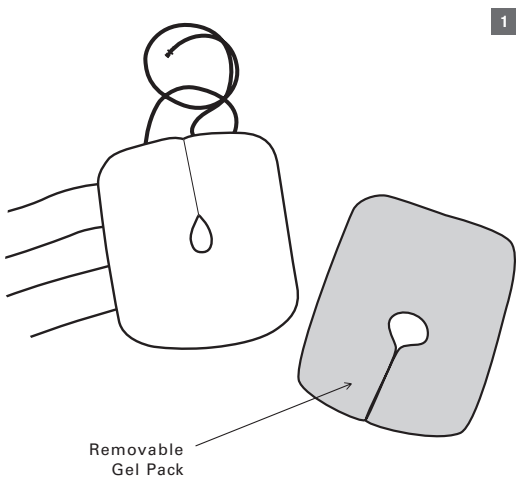
2. Place a protective barrier between the gel pack and the skin. A cloth sleeve is included in your package. Any thin cloth barrier will be effective. Remove gel from freezer, velcro the gel wrap on the inside of the brace.

3. Place the brace over the knee and secure the two straps around the knee to achieve a snug fit.

4. Connect the hose to a port on the PowerPlay pump. Press the Power button to turn on the unit.

5. Press the Set Pressure button associated with that port until the desired pressure appears on the display.

*NOTE: Pressure cannot be altered during an inflation cycle.*



For questions about this product, call **855-PWR-PLAY** (855-797-7529)

[WWW.POWERPLAY.US](http://WWW.POWERPLAY.US)

V3 12.18.15





# PowerPlay® Cold & Compression Elbow Wrap INSTRUCTIONS FOR USE

PRODUCT #: **PPEL-22**

1. Remove optional gel pack and place in freezer for a minimum of 1 hour.

*NOTE: Each time the gel wrap thaws, refreeze for 1 hour.*

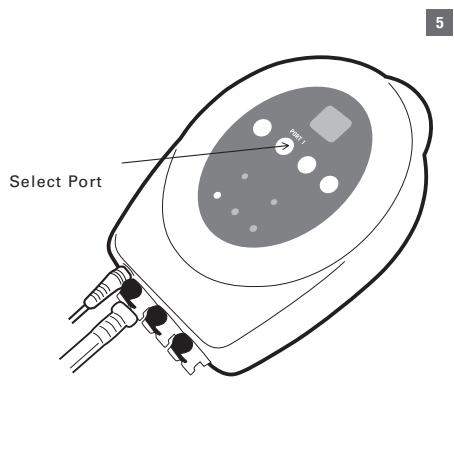
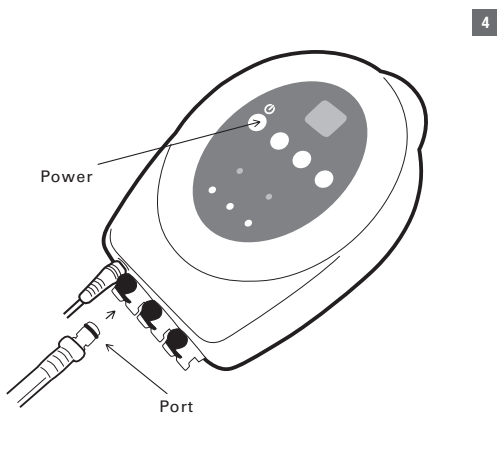
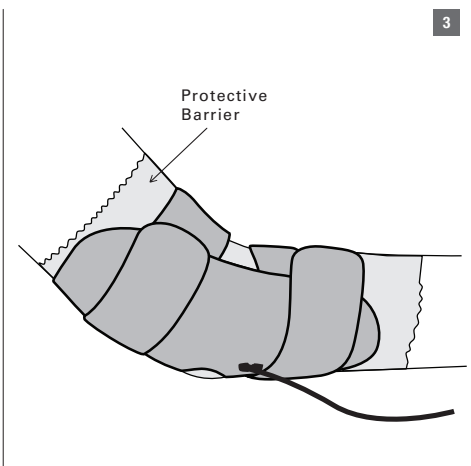
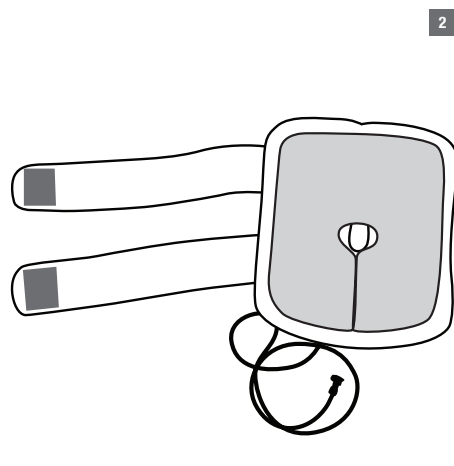
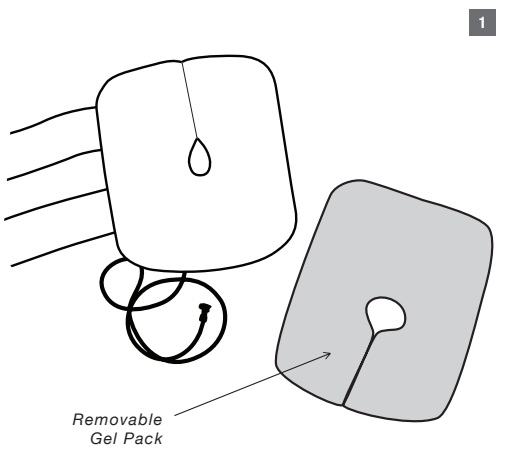
2. Remove gel from freezer and secure the gel pack to the inside of the brace.

3. Place a protective barrier between the gel pack and the skin. A cloth sleeve is included in your package. Any thin cloth barrier will be effective. Place the elbow onto the brace and secure the two straps around the arm to achieve a snug fit.

4. Connect the hose to a port on the PowerPlay pump. Press the Power button to turn on the unit.

5. Press the Pressure Set button associated with that port until the desired pressure appears on the display.

*NOTE: Pressure cannot be altered during an inflation cycle.*



For questions about this product, call **855-PWR-PLAY** (855-797-7529)

[WWW.POWERPLAY.US](http://WWW.POWERPLAY.US)

V2 08.27.15

