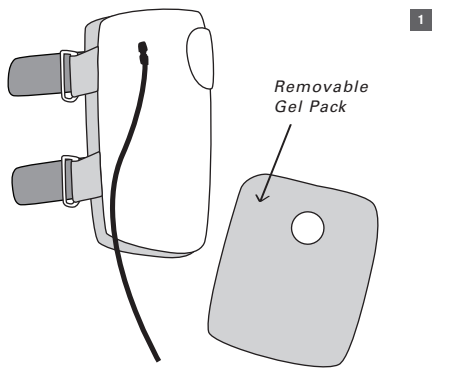




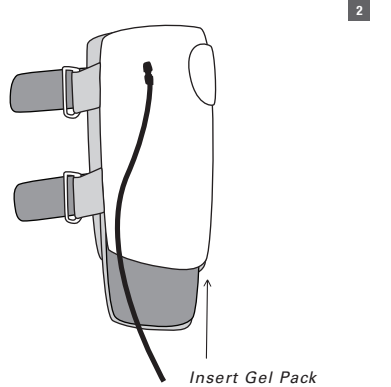
# PowerPlay® Cold & Compression Wrist Wrap INSTRUCTIONS FOR USE

PRODUCT #: **PPWR-68U**

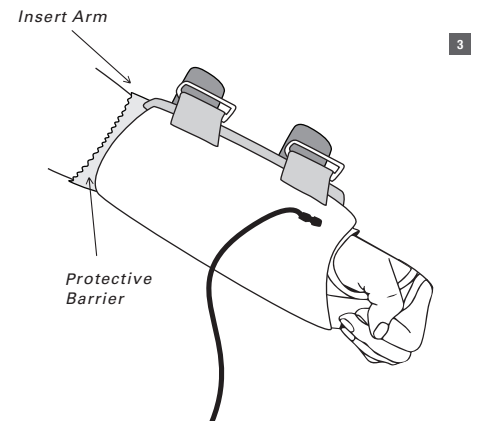
1. Remove optional gel pack and place in freezer for a minimum of 1 hour.  
*NOTE: Each time the gel wrap thaws, refreeze for 1 hour.*
2. Remove gel from freezer and insert into wrap by folding over and sliding in, aligning the opening in the gel pack with the thumb opening in the wrap. Make sure to keep a protective thin cloth barrier (included) between the skin and the gel pack.
3. Slide arm into wrap and guide thumb through aligned openings in gel pack and wrap.
4. Slide straps through buckles and attach securely.
5. Connect the hose to a port on the PowerPlay unit. Press the Power button to turn on the unit.
6. Press the Set Pressure button associated with that port until the desired pressure appears on the display.  
*NOTE: Pressure cannot be altered during an inflation cycle.*



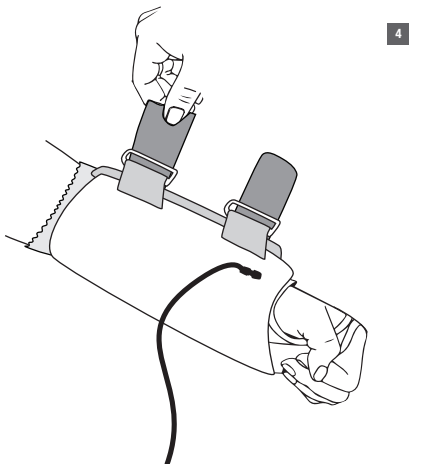
1



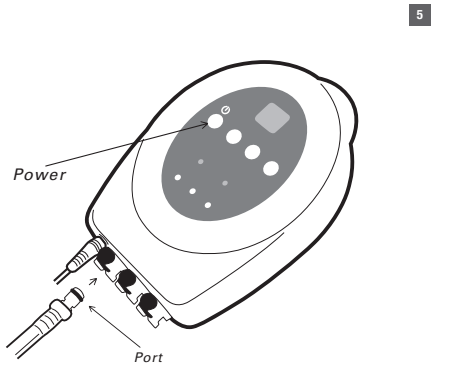
2



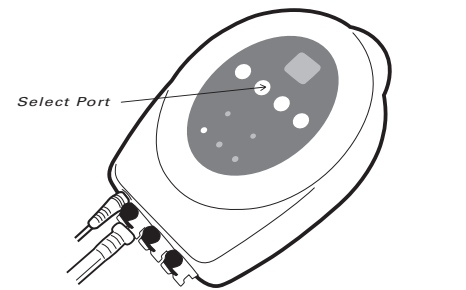
3



4



5



6

For questions about this product, call **855-PWR-PLAY** (855-797-7529)

[WWW.POWERPLAY.US](http://WWW.POWERPLAY.US)

PPWR-68U IFU Rev 02

